Device Overview

Wristband

Button   Core

Metallic contact for charging

Clasp
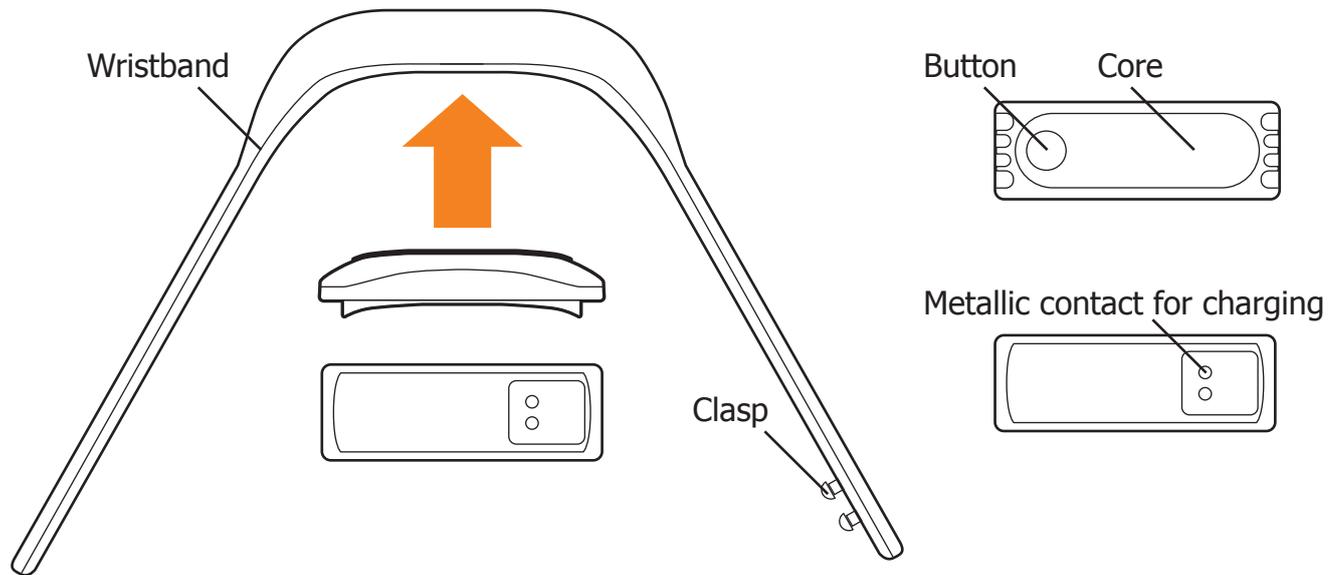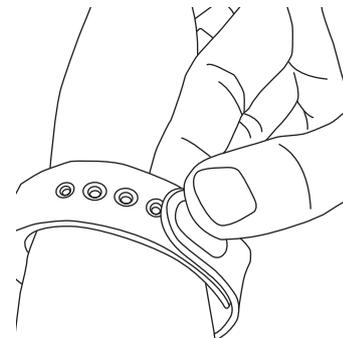
How to wear your Q-Band?

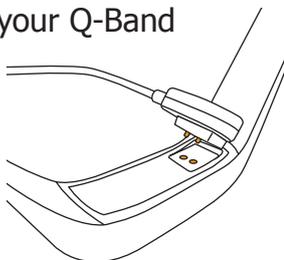**1** Wear Q-Band on your wrist

Put on the wristband with the screen facing up and the band wrapped around your wrist. Align the clasp along the band to find the holes where best fit the clasps.

2 Fasten Q-Band with clasp

Squeeze both clasps into the holes on the wristband until you hear a click, indicating the band is securely fastened.

3 Charge your Q-Band

To charge your Q-Band, plug the charging cable into a USB port and attach the other end to the back of the Q-Band. A battery icon will appear on the screen displaying the charging progress. It takes around two hours to fully charge the battery.

Note: The metallic contact might affect the battery charging capability if it's covered by grease that comes from natural oil secretion of human body or those moisturizing lotions you apply on skin. It is suggested that you may try using some sort of mild detergent like pharmaceutical alcohol to sterilize the metallic contact on the charger before charging the device, but avoid corrosive chemical cleaners.

4 Change the wristband
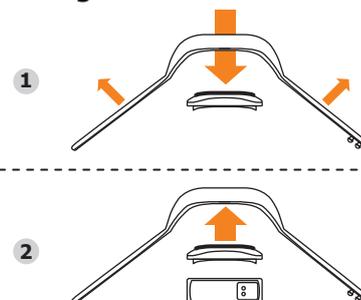
1. Spread open both bands with the screen facing up, and press down the screen with your thumb until the core comes off the wristband. Remove the clasp from the wristband as well.

2. Insert the core with screen facing down into the notch from the inner side of wristband. Button up the clasp on the side of the band with 2 holes. Please be noted that the charging contact should be near the clasp.

Get started with Q-Band

1 Download and Install i-gotU Life app

Please download i-gotU Life app from Google Play or the App Store and have it installed on your smartphone:
https://play.google.com/store/apps/details?id=com.mobileaction.ilife
http://appstore.com/igotulife

GET IT ON Google play   **Available on the App Store**

Apk download: http://global.mobileaction.com/download/apk

Supported device

- Any Android smartphone (v4.3 and up) with built-in 4.0 Bluetooth connectivity; or
- iPhone 4s and later models, iPad 2 and later models, and iPod Touch (all with iOS version 7.0 and up).
- A complete list of supported smartphone or mobile devices can be found at:
  http://ww2.voiis.com/qband/devices.html

2 Set up Q-Band

Your Q-Band can be configured directly on the i-gotU Life app.

First time setup:
1. Open the i-gotU Life app.
2. A Setup Wizard will be launched automatically.
3. Follow the on-screen instructions to proceed with more settings.

Set up a new device from Settings:
1. Open the i-gotU Life app.
2. Tap the app icon at the upper left corner to open function menu.
3. Choose Settings.
4. Tap Setup New Device under MORE DEVICE SETTINGS.
5. Follow the on-screen instructions to continue.

Note

Your personal information is used to calculate your Base Metabolic Rate (BMR), which determines your calories burned.

3 Start Using Q-Band

1. Switch between different function modes
1. Long-press the button on the Q-Band until you see 4 icons on the screen for mode selection.
2. Press the button to switch mode.
3. You'll be entering the selected mode in 3 seconds.

2. Change display information
Information shown on the screen will vary as you press the button on the Q-Band to toggle between screens.

3. Q-Band modes

☼ **Daily mode:** Analyzes your daily data, including steps taken and calories burned, and displays current UV index.

☾ **Sleep mode:** Tracks your sleep pattern and quality.

☆ **Sports mode:** Starts a workout and displays information including duration, steps taken, calories burned, UV-index and distance traveled during the workout.

⏰ **Nap mode:** Awakes you via vibration after a short nap.

4 Features of Q-Band & i-gotU Life App

Silent Alarm
Silent Alarm awakes you using gentle vibrations of the Q-Band. You can dismiss the alarm by long-pressing the button on the Q-Band. In case you miss the alarm, Q-Band will alert you again in 5 minutes. Alarms can be set up from: i-gotU Life App Menu -> Silent Alarm.

Notification
You will be notified with incoming calls, SMS, E-Mail, or alerts from the social apps via vibration. When notified about an incoming call on an Android smartphone, you may reject the call by long-pressing the button on Q-Band. Notification can be set up from: i-gotU Life App Menu -> Notification.

Remote Display (Android only)
1. Please download i-gotU Sports app from Google Play and have it installed on your Android smartphone:
   https://play.google.com/store/apps/details?id=com.mobileaction.isports
   http://global.mobileaction.com/download/apk
2. After starting an activity on i-gotU Sports app, selected sports data from i-gotU Life app will be displayed on Q-Band.
3. Remote Display can be set up from: i-gotU Life App Menu ->Remote Display.
4. The screen can be rotated by changing the settings from: i-gotU Life App Menu ->Settings -> MORE DEVICE SETTINGS -> Screen Rotation.

Online Help
Android: http://ww2.voiis.com/igotu-life/help.html?language=en
iOS: http://ww2.voiis.com/igotu-life/help.html?language=en&platform=ios

Important Notice

1. Please make sure your Q-Band is fully charged when used for the first time. It takes about 2 hours before it is fully charged.

2. Although the device is usable in the rain, its use under water is prohibited.

3. Please do not use any corrosive chemical to clean the device.

WEEE

Note on environmental protection:
After the implementation of the European Directive 2002/96/EU in the national legal system, the following applies:
Electrical and electronic devices may not be disposed of with domestic Waste. Consumers are obliged by law to return electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. This symbol on the product, the instruction manual or the package indicates that a product is subject to these regulations. By recycling, reusing the materials or other forms of utilizing old devices, you are making an important contribution to protecting our environment.